



## 2023 September — 2024 June

### Royal Principal Ballet Academy

#### Adult Class

Monday Miss Zhang	Tuesday Mr Xing	Wednesday Miss Zhang	Thursday Miss Irina	Friday	Saturday Mr Xing	
<b>10:30–12:00</b> Classical Ballet Beginner  Miss Ryley	<b>10:00–11:00</b>  Classical Ballet AF Level	<b>12: 00 —1:30</b>  Classical Ballet Competition Team Miss Zhang	<b>11:00 to 12:00</b>  Vaganova Ballet Conditioning	<b>11:10–12:10</b> Ballet Conditioning For All Level Mr Xing	<b>10:00–11:00</b> Ballet Conditioning For All Level	
<b>12:00– 1:30</b> Classical Ballet IF Level	<b>11:00– 11:30</b> Pointe Class	<b>1:30-2:00</b> Ballet Intermediate Pointe Miss Zhang	<b>12:00-2:00</b>  Ballet Class And Repertoire		<b>11:00–12:00</b> Classical Ballet Beginner	
<b>12:00–2:00</b> Classical Ballet IF Level Beginner Level Point Class	<b>11:30–12:30</b> Classical Ballet Variation	<b>12:30–2:00</b>  Classical Ballet IF Level Beginner Level Point Class  Miss Ryley		<b>12:20–13:40</b> Ballet Repertoire Mr Xing	<b>12:15–12:45</b> Ballet Conditioning FLX and Balance	

		<b>5:00-6:00</b> <b>Open Ballet Class</b>  <b>Mr Ian</b>  <b>Studio 2</b>			<b>12:45-2:15</b> <b>Classical Ballet</b> <b>RAD AF</b>	
	<b>6:45-8:00</b>  <b>Ballet Repertoire</b>  <b>Miss Ryley</b> <b>Studio 2</b>	<b>6:00-7:00</b> <b>Pas de deux</b>  <b>Mr Ian</b>  <b>Studio 2</b>	<b>8:00-9:15</b>  <b>Classic Ballet</b> <b>Class</b> <b>And</b> <b>Repertoire</b>  <b>Miss Kristina</b>  <b>Studio 4</b>	<b>6:45-8:15</b> <b>Classical Ballet</b> <b>For Beginner</b>  <b>Miss Ryley</b>	<b>2:15-2:45</b> <b>Classical Ballet</b> <b>RAD AF</b> <b>Pointe</b>	
<b>7:30-9:00</b> <b>Ballet</b> <b>Contemporary</b> <b>Mr Li</b> <b>Studio 1</b>		<b>7:00-8:15</b> <b>Ballet Conditioning</b> <b>And</b> <b>Classical Ballet</b> <b>And</b>  <b>Mr Ian</b>  <b>Studio 2</b>				
	<b>All level Students</b>	<b>Everyone Can</b> <b>participate</b>				
	<b>For Beginner</b>	<b>Who have the</b> <b>training experience</b> <b>under 1 year</b>				

	<b>For Intermediate</b>	<b>Who have the training experience over 1 year</b>				
	<b>For Advanced</b>	<b>Who Pass the Intermediate Foundation</b>				

**Suggestion :High level students can take any low level courses, low level students to attend higher level courses are advised to consult with the instructors**